



*"LENT is about BECOMING, DOING and CHANGING whatever it is that is blocking the FULLNESS of LIFE in US RIGHT NOW"*  
 Sister Joan Chittister, OSB

**Activities & Devotions to enhance the Truth this Lenten Season**

[www.stmalachys-madrid.com](http://www.stmalachys-madrid.com) or [www.stjohnogden.com](http://www.stjohnogden.com)

***Ash Wednesday, February 14, 2018***

- 7 a.m. Prayer Service with Ashes at St. Malachy's
- 8:30 a.m. Mass with Ashes at St. John's
- 8:30 a.m. Mass with Ashes at Sacred Heart
- 5:30 p.m. Prayer Service with Ashes at St. John's
- 6 p.m. Baked Potato Bar at St. John's
- 6:30 p.m. Mass with Ashes at Sacred Heart
- 7 p.m. Mass with Ashes at St. Malachy's

***Mass***

**At St. Malachy's**

- Tuesdays & Thursdays at 8:30 a.m.
- Saturdays at 4 p.m.
- Sundays at 9 a.m.

1<sup>st</sup> Tuesdays at The Cedars at 10 a.m.

3<sup>rd</sup> Tuesdays at The Madrid Home at 10 a.m.

**At St. John's**

- Wednesdays & Fridays at 8:30 a.m.
- Sundays at 11 a.m.

**At Sacred Heart**

- Tuesdays, Thursdays & Fridays at 8 a.m.; Wednesdays at 8:20 a.m.; Saturdays at 5:30 p.m.; Sundays at 8 & 10 a.m.

***Adoration of the Blessed Sacrament***

- Tuesdays at St. Malachy's 1-10 p.m.  
(During Lent Adoration is extended)  
With Divine Mercy Chaplets at 6 p.m.
- First Fridays at Sacred Heart – all day

***Stations of the Cross with Benediction***

- Mondays at 6 p.m. followed by Soup Supper  
At St. Malachy's February 19<sup>th</sup>, March 5<sup>th</sup> & 19<sup>th</sup>  
At St. John's February 26<sup>th</sup>, March 12<sup>th</sup>, & 26<sup>th</sup>

***Stations of the Cross***

- Friday's at 12:15 p.m. at Sacred Heart



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***Lenten Fasting Regulations***

- 1.) Abstinence on all the Fridays of Lent, and on Ash Wednesday and Good Friday.
  - No meat may be eaten on days of abstinence
  - Catholics 14 years and older are bound to abstain from meat
  - Invalids, pregnant and nursing mothers are exempt
- 2.) Fast on Ash Wednesday and Good Friday
  - Fasting means having only one full meal to maintain one's strength. Two smaller, meatless and penitential meals are permitted according to one's needs, but they should not together equal the one full meal. Eating solid foods between meals is not permitted
  - Catholics from age 18 through 59 are bound to fast
  - Again, invalids, pregnant and nursing mothers are exempt

### *Lenten Lunches*

Wednesdays at 11:30 a.m. in Madrid

February 21<sup>st</sup> at St. Malachy's

February 28<sup>th</sup> at E-Free

March 7<sup>th</sup> at The Madrid Home

March 14<sup>th</sup> at the Community Center

March 21<sup>st</sup> at St. Paul's

### *Soup Suppers*

Mondays after 6 p.m.

Stations of the Cross

February 19<sup>th</sup>, March 5<sup>th</sup> & 19<sup>th</sup>

at St. Malachy's

February 26<sup>th</sup> and March 12<sup>th</sup> & 26<sup>th</sup> at St. John's

### *Fish Fry's*

Fridays 4:30-7 p.m.

February 16<sup>th</sup> & 23<sup>rd</sup>; March 9<sup>th</sup> & 23<sup>rd</sup>

at St. Malachy's

Fridays 5 p.m.

February 16<sup>th</sup>, March 2<sup>nd</sup> & 16<sup>th</sup>

### *Communal Penance*

Sunday, March 11<sup>th</sup>

1 p.m. at St. Malachy's

3 p.m. at Sacred Heart

### *The Light is on For You*

Tuesday, March 6<sup>th</sup>

5-6 p.m. at St. John's

6-8 p.m. at Sacred Heart

8-9 p.m. at St. Malachy's

*Palm Sunday – March 25, 2018*

*Mass 9 a.m. at St. Malachy's  
Easter Egg Hunt after Mass*

*Mass 11 a.m. at St. John's  
Pancake Breakfast*



*For they did not yet understand the Scripture that he had to rise from the dead. - John 20:9*

## *Holy Week*

*March 26<sup>th</sup> - Monday of Holy Week*

No Mass

*March 27<sup>th</sup> - Tuesday of Holy Week*

Mass 8 a.m. at Sacred Heart

Mass 8:30 a.m. at St. Malachy's

*March 28<sup>th</sup> - Wednesday of Holy Week*

Mass 8:20 a.m. at Sacred Heart

Mass 8:30 a.m. at St. John's

*March 29<sup>th</sup> - Holy Thursday*

Mass 5:30 p.m. at St. John's

Mass 7 p.m. at Sacred Heart

Mass 7:30 p.m. at St. Malachy's

*March 30<sup>th</sup> - Good Friday*

Service 12 p.m. at St. John's

Service 3:30 p.m. at St. Malachy's

Service 5:30 p.m. at Sacred Heart

*March 31<sup>st</sup> - Holy Saturday*

No Vigil at St. John's

Easter Vigil 8:30 p.m. at St. Malachy's

Easter Vigil 8:30 p.m. at Sacred Heart

*April 1<sup>st</sup> - Easter Sunday*

Mass 7:30 a.m. at Sacred Heart

Mass 9 a.m. at St. Malachy's

Mass 9 a.m. at Sacred Heart

Mass 10:30 a.m. at Sacred Heart

Mass 11 a.m. at St. John's